

4. Can you recall one of your earliest experiences as a caregiver? Who was involved? How old were you?

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I was surprised to discover that my perspective about caregiving was broadened and enriched by Edward’s work *The Soul of Caregiving*. This book takes its readers on a deeply reflective journey, and as such needs to be read slowly or as Edward has quoted “bit by bit.” His sense of humor around a lot of the subject matter, added a lightheartedness and entry or permission to explore one’s personal and professional life as a caregiver.

—Winifred Stump, BSN, RN, MS, CPPS, CHSP, System Director, Safety Programs, Catholic Health Initiatives Enterprise Risk Management Group

